



The

Heart Beat



The Quarterly Beat of Ryan's Heart

Winter 2009

The Angel's Café...

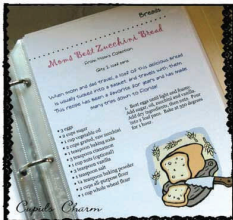
Dining with your Memories

What evokes a memory better than a special meal or dessert? The smell of a treasured meal can quickly transport us back to another time.

You can honor your loved ones by sending in your special recipe's and let us do the work.

Ryan's Heart would like to compile your recipe's and stories so that we can create a one of a kind memorial cookbook.

Once we have enough recipe's we will sell the cookbooks online to help raise money for our Hearts Give Back Programs.



Visit our website to see how!

The Journey...

The morning sunbeam shone through the window warming my face. The house was peacefully quiet. My family was still sleeping as I sat with my morning coffee and penned the first draft of *In Mamma's Heart*.

That was almost a year and half ago, but it was the pivotal point that signifies the beginning of Ryan's Heart.

That little story sparked a flame within our hearts and it gave life to a hope that my mother had to honor not only her son, but others as well.

Over the past year, we have had many bridges to cross. Starting a non-profit organization is not as easy as one might think.

Creating the website..that was the easy part. The State Guidelines and the Federal IRS Regulations were another story. Saddled with a 75 page application (including instruc-



tions) to obtain our 501c3 status was a daunting task, to say the least. Having no formal experience with the IRS, I was as lost as I'd ever been in my life.

I soon learned that nothing that was ever worth having came easy. Thankfully I had a solid business background and tackled each question and step along the way, one at a time.

With each step, I got that much closer to Ryan's Heart being a reality. My family and I celebrated our

triumphs and picked each other up when we had a set back. (of which there have been many).

We refused to give up and kept trudging forward. On December 11, 2008 our hard work paid off. We had finally received our 501c3 designation letter from the Federal IRS. We had made it.

Our journey though, was far from over. In fact it has just begun...

*Kelly Gumprecht,
President*

Kid's Korner



In Mamma's Heart - Coming Soon

We are still actively working on illustrating our first book, *In Mamma's Heart*.

Working this past year to get the organization up and running has consumed much

of our time. However we have set a goal by spring 2009 to have submitted our illustrations to our publisher.

Keep on Reading!!

The best and most beautiful things in the world cannot be seen or even touched. They must be felt within the heart.

~Helen Keller